



# PERFORMANCES

**DOORS OPEN 1:30 PM**



\*performance order subject to change\*

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Birchmount Senior Performance Team: "7 Rings" (3.5 min)

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MRG Grace: "MRG Cirque" (6 min)

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Reach Gymnastics Club (3 min)

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Gymnastics Energy RG Team: "Gymnasts at Work" (3.5 min)

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Alliston Gymnastics Club: "Send in the Clowns" (3 min)

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Birchmount Junior Performance Team: "Beyonce Remix" (4 min)

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OGC Demo Team (6.5 min)

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Quinte Bay Gymnastics (5 min)

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Burlington Gymnastics Club Performance Team: "Dancing Dolls"  
(10 min)

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Tornados Gymnastics (5 min)

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MRG Grace: "MRG Feather" (4 min)

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Manjak's Gymnastics Demo Team: "Girl Power" (5 min)

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Fort Erie's Fantastic Gymnastics: "Having a Good Time" (4.5 min)

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Birchmount Junior and Senior Performance Teams: "All the Stars"  
(4 min)

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Mitchell Gymnastics Comp Team: "Disney Mash Up" (5.25 min)

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Taylor Performance Team (7.25 min)

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Mass routine (all groups) (3.5 min)

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**EVENT VENUE:**

**Mohawk College – DBARC (David Braley Athletics & Recreation Centre) Gymnasium**  
135 Fennell Ave W. Hamilton ON L9C 0E5  
905-575-2317

**PARKING FOR ONTARIO GYMNAESTRADA IN LOT P7**