



GFA REC 'N' ROLL!

April 2023



GFA REC COACH CLINICS

A new Gymnastics for All program initiative, **GFA Recreational Coach Development Clinics** provide ongoing coach development opportunities for our GFA (recreational) coaches.

The next GFA Rec Coach Development Clinic will be held June 24, 2023, at Corona School of Gymnastics (Ottawa region).

Corona Gym
clinic registration
is now open on Uplifter!



(pictures from our January GFA Coach Dev Clinic, hosted by Pulsars Gymnastics Club)

ONGYM WEEK 2023

February 11-17, 2023 was an AMAZING "I Love ♥ Gymnastics Week" !!!

OGW 2023 was a GREAT success with many of our member clubs participating across Ontario!
Thank you to all clubs and individuals that celebrated Ontario Gymnastics Week 2023!!!

Check out all of the awesome social media posts by searching **#ONGymWeek** and **#ONGymWeekChallenge** on Facebook and Instagram. Prize winners for the Social Media Contest have been announced online!

ONTARIO GYMNAESTRADA

REGISTRATION OPEN!!!

Gymnastics Ontario is excited that Ontario Gymnaestrada is returning to an in-person event in 2023!

Directive and registration information is available on the [G.O. Events Calendar!](#)

Registration Deadline: April 21, 2023

Event Date: June 3-4, 2023
Location: Durham College / UOIT (Oshawa, ON)

Direct Link to Event Directive:

[Colour version](#)

[Printable version](#)



OAA will be hosting multiple events on the same weekend. Information for all events is included in the directive.

- General info for all events: pages 1, 2, 8
- Ontario Gymnaestrada info: pages 6-7

GFA PROGRAM CALENDAR

Mark your calendars for upcoming GFA events and activities:

- **Ontario Gymnaestrada 2023:** June 3-4
- **GFA Program Assembly:** June 15, 10:30am (Zoom meeting) (tentative date)
- **GFA Rec Coach Development Clinic (Ottawa Region):** June 24
- **Canadian Gymnastics Week 2023:** Nov 12-18
- **Ontario Gymnastics Week 2024:** Feb 10-16

