

MEN'S ARTISTIC GYMNASTICS

The following changes to the Ontario MAG Program rules and regulations are in effect immediately.

1 FIG NEWSLETTERS | IN EFFECT ON DECEMBER 2025

In Ontario, the FIG Newsletters rules changes for the current Olympic cycle are in effect in December 2025. Athletes competing at the 2025-26 1st Ontario Cup will be judged with the updated rules.

2 MAG TOURS AND ELIGIBILITY

Junior Categories (Provincial Junior and National Junior) are no longer eligible for the domestic tour.

Categories are eligible to qualify for the international tour are:

- Provincial Junior and National Junior (Combined)
- Provincial Senior and National Senior (Combined)

Athletes must qualify at the 1st Ontario Cup. Top four (4) AA athletes of each eligible category are awarded a team spot, and the fifth and sixth ranked ones the are awarded non-traveling alternate spots.

3 2026-27 HIGH PERFORMANCE CARDS

For the 2026-2027 season, a total of six (6) Ontario High-performance cards will be allocate for the following categories: National Novice, National Junior, and National Senior