

Women's Artistic Gymnastics Newsletter



FALL 2014

2014-2015 Annual Coaching Congress

The Gymnastics Ontario Annual Coaching Congress weekend took place on Friday and Saturday, August 15th-16th at Milton Springers Gymnastics Club. Over 200 coaches and 30 clinicians participated this year.

A special thank you for Milton Springer for hosting and to our guest clinicians; Mike Durante, Linda Johnson, Zoltan Jordanov, Nicole Langevin and Joel Skinner. Sessions featured, Level 5 Compulsory Routines, Judging Perspective and the new ODP program.



Technical Rules & Regulations

The new Technical Rules & Regulations Section I (i.i, i.ii, i.iii) have been updated and sent to clubs.



The Technical Bulletin/ Errata #1 for Level 1-4 and Level 5-9 have been circulated and posted on the Gymnastics Ontario website.

Reminders: Clubs should use the OCP Technical Rules and Regulations as their primary rules and the USAG JO Manual as resources/reference.

Technical Bulletins/Errata for OCP update will be circulated and posted on the GO website three more times throughout the season:

- 1) two weeks prior to Tour Selection
- 2) After Session A Qualifiers
- 3) After Session B/two weeks prior to Ontario Championships

Reminder:
Any questions that cannot be answered in the Technical Rules and Regulation or Technical Bulletin /Erratas should be sent to the WPM at wag@gymnasticsontario.ca to be forwarded to the OCP Working Group.

The ODP Technical Rules and Regulations Have been updated and posted on the GO Website.

The new ODP program includes physical abilities for 5-6 year olds and 7-9 year olds. New this season is the ODP Skills (ODP 1-5) section for 7-9 year olds.

Resources

Gymnastics Ontario
<http://www.gymnasticsontario.ca/technical-rules-regulations/>



USA Gymnastics Store
<https://usagym.org/pages/home/store/index.html>

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Upcoming Events (Ontario)

- ◆ Oct 25-: 2014 GO AGM & Awards Banquet
- ◆ Nov 14-16: Tour Selection/Elite Canada Screening #1

Events to Know (National/International)

- ◆ Oct 3-12: 45th Artistic Gymnastics World Championships (Nanning, CHN)



Ontario Athletes, Coaches and Judges representing Canada at the 45th FIG World Championships, Nanning China



Athletes: Maegan Chant (World Class)
Jordyn Pedersen (Manjak's), Kirsten Peterman (Revolution), Aleeza Yu (Gemini)

Coaches: A. Brokenshire (Revolution), G. Tantar (World Class), K. Manjak (Manjak's) and D. Brubaker

Judges: Liz Armitage,
Elena Davydova



2014-2015 Season: Getting Started

GO Membership Registration:

Clubs are required to register their athletes in ivr.net and provide payment to the Membership Services Coordinator (membership@gymnasticsontario.ca) within 15 days of the start of training. All athlete's levels can be changed without penalty up until the October 15th, 2014 deadline.

All competitive athletes and coaches must complete both pages of the Gymnastics Ontario Code of Conduct and Waiver Form and Medical Data form and be kept on file at the club.

Note: Gymnastics Ontario does not require a copy of the Code of Conduct and Waiver form (except when travelling with Team Ontario.) or Age Verification forms.

****Any questions in regards to member registration with Gymnastics Ontario can be forwarded to the Membership Services Coordinator, at membership@gymnasticsontario.ca or 416.426.7099****

AGM and Awards Banquet

This season's AGM and Awards Banquet will be held on Saturday October 25-26, 2014 at the Four Points by Sheraton Toronto Airport.

Saturday, October 25, 2014		Sunday, October 26, 2014	
Business Conference	9:30 am -12:15 pm	Delegate Registration	8:00 am-9:15 am
Lunch and Keynote	12:15 pm -1:15 pm	Unattached Members Meeting	9:00 am-9:15 am
Business Conference	1:15 pm -2:45 pm	Annual General Meeting	9:30 am -12:00 pm
AGM Plenary	3:00 pm -4:30 pm	New Board of Directors Meeting	12:00 noon
President's Roundtable	4:30pm- 5:30 pm	More information can be found on the event calendar on the GO website.	
Spieth Anderson Social	5:30 pm-7:00 pm		
Awards Banquet	7:00 pm -11:00pm		

Tour Selection/ Elite Canada Screening #1

Mark this date in your calendar! This year's Tour Selection and Elite Canada Screening #1 will be hosted by Synergy Gymnastics **November 14-16, 2014.**

Tour Selection- Level 6-9 (13+) will be using our new OCP rules and National Open (13+) will be using JO Level 10.

Elite Canada Screening (Novice, Junior and Senior) and CPN will use GCG rules.

Schedule and Call to Meet will be posted on the GO website shortly.



The Gymnastics Ontario office will be closed Monday October 13th for the Thanksgiving weekend.



**TO ALL THE ATHLETES
AND COACHES
REPRESENTING ONTARIO
AND CANADA**



TEAM CANADA



**MAEGAN CHANT
(ALL AROUND)**



**MAEGAN CHANT
(VAULT)**



**SYDNEY TOWNSEND
(ALL AROUND)**



**SYDNEY TOWNSEND
(BARS)**

Provincial Qualifiers

Gymnastics Ontario is pleased to present your qualifier hosts for the 2014-2015 Season:

Event	Date	Host Club
SESSION A		
Qualifier 1/ CWG Trials #1	November 21-23, 2014	Futures
Qualifier 2 Qualifier 3	November 28-30, 2014	Twisters Pickering
Qualifier 4*/ Elite Canada Screening #2	December 5-7, 2014	Burlington
Qualifier 5/ CWG Trials #2	December 12-14, 2014	Oakville
SESSION B		
Qualifier 6	January 23-25, 2015	Gemini
Qualifier 7		Quinte Bay
Qualifier 8	January 30-February 1, 2015	Woodbridge
Qualifier 9	February 6-8, 2015	Muskoka
Qualifier 10		Milton
Qualifier 11	February 13-15, 2015	Pulsars
Qualifier 12		Niagara Acro Cats
Qualifier 13	February 20-22, 2015	Alliston
Qualifier 14	February 27-March 1, 2015	Ottawa
Qualifier 15	March 6-8, 2015	Rose City

*National Portion

Registrations were due Tuesday September 30th, 2014, 4 pm.

Schedules and Call to Meets will be available shortly.

Athlete Draws

Draft athlete draws will be communicated approximately one week prior to your qualifier and a final athlete draw will follow and be communicated two days before the qualifier. Please remember to update your club profile on Beyond the Scores.

Withdrawal, Level Change & Petition Process

Those requiring forms for a Withdrawal Request, Athlete Level Change or Petition & Fit to Compete forms can find them at www.gymnasticsontario.ca >Resources> Forms

Petition Process for a Make-Up qualifier and petition to Ontario Championships can be found in the Technical Rules and Regulations, Section C.

Please remember requests will only be considered if the form is completed in full and submitted to the appropriate person and by the applicable deadlines.



Senior Pan American Gymnastics Championships



6th TEAM CANADA



4th MAEGHAN CHANT (VAULT)



12th TEAM CANADA

Ontario Championships

We are pleased to announce this season's WAG/MAG Ontario Championships will be hosted by Rose City Gymnastics, April 9-12, 2015, at the St. Denis Centre in Windsor.

Rose City has done an excellent job the past few years hosting and we look forward to another great event.



Coaching ID Cards

Coaches should have an up to date ID. Coaches are required to show their coaching id card to be permitted on the floor at competitions. **This season a coach must present their Coaching ID to gain access to the warm-up and competition floor.**



In case of a lost, stolen or forgotten ID, coaches will be required to sign form number CP001 stating a minimum level 2 certification for verification. The host club registration desk will have this form available. For replacement IDs contact Education Coordinator to discuss options of acquiring a replacement ID or an exemption.

To receive a Coaching ID card a coach must have the following:

- be a current Gymnastics Ontario Member
- completed online the Risk Management A and Respect in Sport B modules
- be a minimum of NCCP Level 2 Certified (Theory, Practical and Technical)
- have submitted a picture electronically to the office

Please contact the Education Coordinator, Yuliana Korolyova, education@gymnasticsontario.ca or 416-426-7096, 3 weeks prior to your competition to arrange for Coaching IDs.

Officials: Judges and Assessor Clinics

ODP Assessors Courses - all assessors (new and returning) must take the New ODP Assessors Course due to the changes in the ODP structure.

	Infinity GC	Pickering GC	Burlington GC Mainway Centre	Tumblers GC	Forest City GC London
Date	Sat. Nov. 1, 2014	Sat., Nov. 8, 2014	Sun., Nov. 16, 2014	Sun., Nov. 23, 2014	Sun., Dec. 14, 2014
Time	12:00pm-5:30pm	2:00pm-7:30pm	11:30am-5:00pm	1:30pm-7:00pm	11:30am-5:00pm
Registration Deadline	Oct. 27, 2014	November 3, 2014			

OCP Judges Maintenance Clinics – as per the monkeysurvey IAP Sign-up.

	Toronto (Futures)	Toronto (GO)	Woodstock	Toronto (GO)	Ottawa
Clinic Dates	Sun. Oct. 19	Sat. Oct 25	Sat. Oct 25	Sun. Oct. 26	Sun. Oct 26
Clinic Times	9:00 am - 5:30 pm				

There will be a Level 1-4 Workshop in January 2015. More information to come.

Meet Director's Course

Wednesday, October 29, 2014 Webinar

1:00 pm – 4:00 pm
6:00 pm – 9:00 pm

Registration form has been circulated to clubs and posted on the GO website event page.

Registration deadline is October 28th, 2014.

Level 1-4 Developmental Camp

This season's Level 1-4
Development Camp will be:

Sunday December 28th, 2014
at Futures Gymnastics Centre

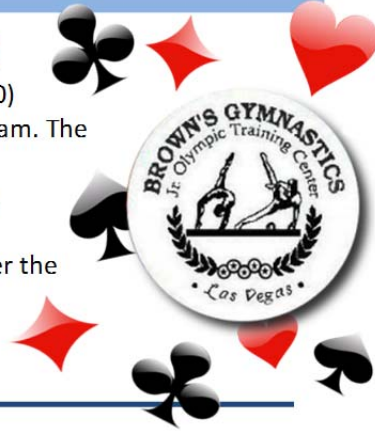
Registration and more
information will be available
shortly.

Tour: Lady Luck Invitational (Las Vegas)

Athletes in the Level 6 to 9 (13+) and National Open (Level 10) categories will compete for a spot on the 2014-2015 Tour Team. The selected athletes and coaches will be attending Lady Luck Invitational that is held in Las Vegas, on January 16-18, 2015.

Details will be provided prior to Tour Selection as well as after the event to qualified athletes.

www.brownslv.com/lady-luck/



Canada Winter Games

CWG Website: <http://www.canadagames2015.ca/>



CWG Technical Package:

http://www.canadagames.ca/Groups/News/2015/2015%20Technical%20Packages/2015%20Technical%20Package_Gymnastics_V7.0_2014.05.20.pdf

Level 8-9 & National Developmental Camp

29 athletes and 11 Coaches participated in this year's Level 8-9 & National Developmental Camp, which was held, Sunday, August 17, 2014 at Milton Springers.

Thank you to Milton, Paula Johnson, and our clinicians Mike Durante, Zoltan Jordanov, Nicole Langevin, Joel Skinner and Denise Vachon.

Team Ontario:

Athletes: 6 travelling team members, 2 non-travelling named alternates

Coaches: 2 travelling team coaches, 1 non-travelling named alternate

Judges: 2 travelling Ontario judges. 1 non travelling named alternate

Athlete Selection Process:

Stage 1: CWG Trials #1 (November 21-23, 2014) @ Futures Gymnastics

- Athletes will compete at a one day meet using CWG competition rules outlined above.
- Top 32 will be invited to CWG Trials #2 (only petitions for National Team Member traveling on GCG assignment will be considered).

Stage 2: CWG Trial #2 (December 12-14, 2014) @Oakville Gymnastics

- Athletes will compete at a one day meet using CWG competition rules outlined above.
- Top 6 AA Athletes and 2 alternates will be named to CWG Team based on CWG Trial #2 competition ranking.
- Tie Breaking Process will be conducted as per the Technical Rules and Regulation Section C

Stage 3: Team Ontario Camp (Team Building, Training and Verification)

- The 8 selected athletes will have a team building training and verification camp.
- Completion order based on ranking at CWG Trails #2

Coach Selection Process: Team Coaches/ Managers will be selected as per the Technical Rules and Regulation Section C. Please note that coaches must Certified Level 3 and one of the Team Coach/Managers must be a female coach.

Documents in Effect

For ODP/OCP Competitions

Women's Artistic Rules and Regulations 2013-2017

- Section I (i.i) Ontario Developmental Program (ODP) – October 2014
- Section I (i.ii) Ontario Competitive Program 1-4 & Invitational Competition- August 2014
- Section I (i.iii) Ontario Competitive Program 5-9 & National Program - August 2014
- JO Code of Points 2013-2017 (Value of Elements only)

Technical Bulletin /Errata #1

- Level 1-4 (August 25, 2014) & Level 5-9 (August 14, 2014)

INVITATIONALS:

*The Invitational Host
Sanction forms are still
being accepted.*

*Please note that the
dates are approved on a
first come first serve
basis and availability
of dates as they are
limited.*



Invitationals

Invitationals are posted on the Gymnastics Ontario website's event calendar. Information such as event dates, location, call to meet and registration forms will be posted under each event.

The calendar will be updated on a regular basis to include new events, competitions etc. <http://www.gymnasticsontario.ca/calendar/>



2014-2015 WAG Calendar of GO Events

For a complete listing of events please visit the GO website and click Events, Event Calendar or <http://www.gymnasticsontario.ca/calendar/>



Gymnastics Ontario - Who to Contact

<p>HOME ▾ FOR ATHLETES ▾ FOR COACHES ▾ FOR JUDGES ▾ FOR MEMBER CLUBS ▾ EVENTS ▾ RESOURCES NEWS ▾ ABOUT US</p>				
<p>▾ FOR ATHLETES</p> <ul style="list-style-type: none"> TEAM ONTARIO GYMNASTICS TRAINING CAMPS TOURS QUEST FOR GOLD > <p>Audra Sederavicius Women's Program Manager wag@gymnasticsontario.ca</p> <p>For GO Competition Registrations, Withdrawals, Level Changes, Petitions (Qualifiers, Tours, NSC) Team Ontario OCP Technical Questions for the OCP Working Group, Travel Sanctions, Invitational Sanctions, etc.</p>	<p>▾ FOR COACHES</p> <ul style="list-style-type: none"> TECHNICAL RULES & BULLETINS > COMPETITION REGISTRATION INFORMATION > COACHING REQUIREMENTS NCCP COURSES > RISK MANAGEMENT PROGRAM COACHING UPDATES JOB POSTINGS <p>Yuliana Korolyova Education Coordinator education@gymnasticsontario.ca</p> <p>For Coaching ID NCCP Courses Risk Management etc.</p>	<p>▾ FOR JUDGES</p> <ul style="list-style-type: none"> JUDGING INFORMATION JUDGING CLINICS AND TRAINING JUDGING SPECIFIC FORMS AND RESOURCES <p>Julie Arsenault-Howick WAG Judging Assistant</p> <p>For Judges and Meet Directors</p> <p>Judging Questions, Judging Panels, etc.</p>	<p>▾ FOR MEMBER CLUBS</p> <ul style="list-style-type: none"> AWARDS INFORMATION MEMBERSHIP REGISTRATION INFORMATION HOSTING > PRESIDENT AND CEO MESSAGES EQUIPMENT FOR SALE / WANTED <p>Kristina Galloway Membership Services Coordinator membership@gymnasticsontario.ca</p> <p>For Club Membership Inquiries Ivr.net Inquires etc.</p> <p>Cindy Clapp Operations Manager operations@gymnasticsontario.ca</p> <p>or Insurance Inquires Job Postings Can Gym Orders Demonstration Sanctions etc. AGM & Banquet etc.</p>	<p>▾ EVENTS</p> <ul style="list-style-type: none"> COACHING FOR COACHES > EVENTS CALENDAR RESULTS > <p>Jenna Gleza Events Coordinator events@gymnasticsontario.ca</p> <p>For Host Clubs, Beyond the Scores Meet Directors Course and Competition Information, Congress etc.</p>

