

# **Technical Clarifications #1**

November 10, 2014

### Level 1-5

#### **GENERAL**

- 1. Clarification: Adding an Element, each 0.3 Example L4 Beam: split jump stretch jump
  - -Gymnast lands on 2 feet on her split jump, & receives full WVP (0.40) and falls
  - -Gymnast remounts and repeats split jump directly connecting it to the stretch jump
  - -The  $2^{nd}$  split jump is considered an additional element = deduct 0.30

### **VAULT**

1. **Chang**e: Level 1 Vault – Under Handstand Fall to Straight Lying Position – ADD at beginning of description: "The gymnast may step backward onto the board or remain on the mat prior to the kick up to handstand. The hands may be placed on the mat or the board." (Sept. 18, 2014)

## **BARS**

1. **Reminder**: levels 1-5 Bars are following JO rules <u>exactly</u>. The Ontario Technical Regulations contain a brief summary of the rules. More precise wording and detail is found in the JO Compulsory Program (Blue Binder).

## **BEAM**

- 1. Change: Level 5 Deduction box for Cartwheel to Side Handstand, ¼ turn dismount. "Failure to perform the 1/4 (90 ) turn <u>0.20</u>." Total is <del>0.70.</del> Maximum deduction of 0.60 for incomplete element (Value of element)...for a TOTAL of 1.10. (Sept. 18, 2014)
- Clarification: page 157 (JO Code of Points, Levels 1-5) The total execution and/or amplitude deductions taken on a major element MAY NOT exceed the value of the element plus 0.50. The deduction for a fall, if applicable, is in ADDITION to the maximum deductions.