


2024-2028 GYM CAN and FIG APPARATUS & GROUPS as of Aug 16, 2023

LEVEL	2024	2025	2026	2027	2028
Novice RGI Age: 10 - 12 Born 2014, 2013, 2012	Free Hoop Ball Clubs	Free Hoop Ball Clubs	Free Hoop Ball Clubs	Free Hoop Ball Clubs	Free Hoop Ball Clubs
Novice RGG age as above	Clubs (4 or 5)	Ball (4 or 5)	Ball (4 or 5)	Hoop (4 or 5)	Hoop (4 or 5)
Junior FIG RGI For 2024 - Age 13, 14, 15 Born 2011, 2010, 2009 **see below for 2025 & on	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon
Junior FIG (5) RGG ages as per JR RGI	Clubs (10) Hoop (5)	Clubs (10) Hoop (5)	Ball Ribbon	Ball Ribbon	Hoop Rope
Junior (4) RGG ages as per JR RGI	Clubs (10)	TBD			
Junior Dev. RGG Age: 12 - 15 Born 2012, 2011, 2010, 2009)	Clubs (10)	Ribbon	Ribbon	Hoop	TBD
Senior FIG RGI Ag 16 and older Born 2008 & before	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon	Hoop Ball Clubs Ribbon
Senior Dev. RGG	3 Ball 2 Hoop	3 Hoop 2pr Club	3 Hoop 2pr Club	3 Hoop 2pr. Club	TBD
Senior FIG RGG	5 Hoop 3 Ribbon 2 Ball	Ribbon 3 Ball 2 Hoop	Ball 3 Hoop 2pr Club	Ball 3 Hoop 2pr. Club	Ball 3 Hoop 2 pr. Club
Senior Group of 4	2 Ball 2 Hoop	TBD			

**** Junior RGI and RGG FIG group of 5 ages for 2025 onwards to be adjusted as per the change from FIG. For 2024, the ages are shown above.**

To be eligible for selection to FIG International Events, gymnasts must be FIG age, Canadian citizens with a Canadian passport and not have an ACTIVE FIG LICENSE with another Federation.

Athletes can compete in a group one level up from the level they compete as individuals.

Novice and Junior Groups - Junior Requirements as per FIG CoP

Senior Groups - Senior Requirements as per FIG CoP

Elite Canada: Open to all national stream groups shown in the above chart

Canadian Championships: Restricted to Novice group of 5, and Junior / Senior FIG Groups of 5, who have competed at Elite Canada, or at Eastern / Western Championships

NOTE: Participation at Elite Canada and Canadian Championships will be updated in the Technical Regulations