Execution **- IC**

Types of mistakes Deduction *for each movement / each time*	Small: -0.1 1 gymnast	Medium: -0.2 2 gymnasts	Big: -0.3 3 or more gymnasts
Healthy aspects: - shoulders and hips line - position of the supporting leg (in balances) - posture **Basic gymnastics technique:** - insufficient extension - slight difference in execution - lack of fluency/continuity - lack of lightness **Body movements:** - imperfection/insufficiency in execution - unfixed shape - extra movement **Jumps and leaps:** - unfixed shape - lack of amplitude in the shape - insufficient elevation - heavy landing **Balances:** - unfixed shape - unnecessary movement without a step or hop - insufficient muscle control in starting/ending the balance **Unity:** - lack of synchronization - imprecise planes, levels or directions - inaccuracy between movement and rhythm of the music	The same technical mistake *(each time/each movement)*		
Deduction *for each gymnast /group / whole program*	Small: -0.1	Medium: -0.2	Big: -0.3
Collision between gymnasts	execution is not disturbed	execution is slightly disturbed	execution is clearly disturbed
Physical characteristics: - lack in some area (flex., strength, etc) during whole program	slight lack (group/each area)	clear lack (1-2 gymnasts/each area)	clear lack (group/each area)
Loss of balance:	with unnecessary movement (each time/gymnast)	with unnecessary hop (each time/gymnast)	with support on hand, foot or other part of the body (each time/gymnast)
Total loss of balance with a fall *(in any movement)*	-0.4 each gymnast/ each time		
AGG technique: - lack of total AGG technique	-0.3 whole program		
Bilateral work: - balance (-0.2 each) - jump/leap (-0.2 each)	-0.2 each time/each element		
Inaccuracy in formations	0.1 each time		
Max. 10.0			

Penalty by Head Judge of EXE: -0.5 for each missing gymnast