

Links to Acrobatics Rules for Ontario

Gymnastics Ontario Technical Regulations:

<http://www.gymnasticsontario.ca/wp-content/uploads/2014/12/Acro-Technical-Regulations-2017-2018.pdf>

FIG Documents:

<http://www.fig-gymnastics.com/site/rules/disciplines/acro>

This link contains the following:

- Acro CoP and Appendix

- Acro Tables of Difficulty

- Acro Specific Judge Rules

- Acro Documents for Judges (Execution and Artistry Worksheets)

- Acro World Cup Rules

- Acro Age Group Rules

Newsletters: <http://www.fig-gymnastics.com/site/rules/disciplines/acro>

US Junior Olympic Rules:

US CoP https://usagym.org/pages/acro/pages/jo_codeofpoints.html

US Compulsory Videos: https://usagym.org/pages/acro/video/jo_compulsory.html

US Rules and Regulations: https://usagym.org/pages/acro/pages/rules_policies.html

US Technical Updates: <https://usagym.org/pages/acro/updates/technical.html>