



## ***Message from the President***

Ontario gymnasts, whether they are recreational, in their first year of competition or seasoned high-performance athletes, are working hard in gyms all across the province to achieve their goals.

They cannot do it alone. We must acknowledge the hard work and dedication of the coaches who empower our athletes to reach their full potential; the parents who offer endless support and encouragement; and the clubs, staff, judges, and volunteers across Ontario who invest their time and energy into making events such as these a success!

All of our disciplines have a busy season ahead. I would like to take this opportunity to thank the countless members and affiliates who work tirelessly throughout the season, and to wish our athletes the best of luck in reaching all of their personal goals throughout the year.

On behalf of the Board of Directors and staff of Gymnastics Ontario, we wish our athletes a very successful season.

Cheers – Linda

A handwritten signature in black ink that reads "Linda Clifford".

Linda Clifford  
President Gymnastics Ontario