

Rhythmic Gymnastics Newsletter

November 2017

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Ontario Rhythmic Athletes on the World Stage



2017 Aeon Cup

September 29-October 1, 2017 Katherine Uchida, Diana Noskova, Sophie Crane with coach Mimi Masleva and judge Stefka Moutafchieva traveled to Tokyo, Japan to represent Canada in 2017 Aeon Cup, Worldwide RG Club Championships. Jusco Team came 13th in the team event with a total of score of 133.500.

2017 Pan American Championships



October 13-15, 2017 Canadian National Team travelled to Daytona Beach, USA to take part in 2017 Pan American Championships. Ontario's individual athletes: Carmen Whelan (Silhouettes of York), Katherine Ucida (Jusco), and Athena Tsaltas (Kalev Estienne), Michel Vivier (Viva RG), Natalie Garcia (Mississauga Newnorth) and Sophie Crane (Jusco) represented Canada at the event. Canadian Seniors missed the podium in the team competition placing 4th with a total score of 125.150 points. Canadian Juniors won silver medal in the team competition at Pan American Championships with a total score of

136.100. At the event finals, Michel Vivier won gold on hoop, silver on ribbon and bronze on ball and clubs bringing her total to six medals. Below are the rest of the Canadian results in finals:

- Sophie Crane (Jusco RG) – Hoop, 7th (12.900)
- Natalie Garcia (Mississauga Newnorth) – Ribbon, 4th (12.950)
- Natalie Garcia – Ball, 4th (13.800)
- Natalie Garcia – Clubs, 4th (13.850)
- Carmen Whelan (Silhouettes of York) – Hoop, 5th (15.050)
- Katherine Uchida (Jusco RG) – Hoop, 7th (13.900)
- Carmen Whelan – Ball, 5th (14.700)
- Katherine Uchida – Ball, 6th (14.600)
- Carmen Whelan – Clubs, 6th (13.500)
- Carmen Whelan – Ribbon, 6th (12.150)
- Junior group (Vancouver, BC) – Rope, 5th (11.750)
- Senior group (Toronto, ON) – Hoop, 4th (14.950)
- Senior group – Ball, 4th (14.400)

[For complete competition results click here](#)

Ontario AGG Athletes Shine at World Cup, Four Continents and United Cup



November 24-26, 2017 Ontario athletes from Jusco, Kalev Estienne, Ritmika, and York Stars travelled to Chicago to take part in several AGG events: World Cup and Challenge Cup Finals, Four Continents, and United Cup.

Children team Rosebuds (Ritmika) placed first in Four Continents and United Cup. In the novice category Beautiful Creatures (York Stars) took gold in Four Continents and United Cup followed by Florencia (Jusco) who took silver in both competitions. Junior team Canadiana (Kalev) placed 3rd in Four Continents and 5th in Challenge Cup Finals. Rhythmic Expression, a senior team from Kalev took silver in Four Continents and placed 7th in the World Cup Finals.

Congratulations to all athletes, coaches, and judges for amazing results!

Provincial Training Camp



Ontario's Provincial Coaching Chair, Margaret Wichrowska, is organizing a training camp for Provincial level gymnasts and their coaches. We would like to invite you to take part in this great opportunity to enhance your gymnast's preparation for the upcoming season.

The camp's focus will be on:

- Development & improvement of artistic expression – masterclass led by Chloe Payne
- Competitive Routine and choreography review by FIG Brevet Judges
- Composition Tips from FIG Brevet Judges

Registration Deadline – December 1, 2017

For more information please visit [GO Calendar](#) or click on the links below:

[Registration Form - RG Provincial Training Camp 2017.xls](#)

[Information - RG Provincial Training Camp.pdf](#)

RG Coaching Courses

Gymnastics Ontario will be hosting the following RG coaching courses in December:

Foundations Rhythmic Course – December 9, 2017

Level 2 Rhythmic Technical Course – December 15 – 16, 2017

[Please visit Registration Website for more information](#)

2017 - 2018 Events

Provincial Level GO Events:

- Provincial Qualifier 1 – March 23-25, 2018 hosted by Viva RG
- Provincial Qualifier 2 – May 4-6, 2018 hosted by Ritmika RGC
- Provincial Championships – June 9-10, 2018 hosted by Olympium RGC

National Level GO and GCG Events:

- Elite Canada – February 1-4, 2018 – ON
- Elite Ontario – April 13-14, 2018 hosted by Olympium RGC
- Eastern Regional Championships – April 20-22, 2018 – QC
- Canadian National Championships – May 16-20, 2018 – BC

For more information about all GO, GCG and invitational competitions please visit [GO RG Calendar](#)

*Don't miss this amazing opportunity to learn from **Chloe Payne**, Physical Theatre Performer, Creator and Educator.*



Chloe Payne is a graduate of the prestigious physical theatre school, École Philippe Gaulier. She is a physical theatre performer, creator and educator and a recipient of the Mark Purvis Bursary for Emerging Physical Theatre Artists. Her solo show, Fake Nerd Girl, was an official selection of the LabCab Festival, the Springworks Festival, the Storefront Festival, the Toronto Festival of Clowns and will soon be featured as part of the RCA's 17/18 season. She has played "the fool" in such classics as: Much Ado About Nothing (Single Thread Theatre Co.), Antigone (Soup Can Theatre), Volpone and The Witch of Edmonton (George Brown,) along with Twelfth Night, Two Gentlemen of Verona, and Henry V (Shakespeare in the Hospitals Program). Her devised work includes collaborations with Slippery People Theatre, Single Thread Theatre Company, and Plump Olive Productions. Her most recent directing credits include The Five Points at Theatre by the Bay and Spur-of-the-Moment-Shakespeare's 17/18 touring hospitals production. She has taught physical theatre for Havergal College, Theatre by the Bay, the County of Simcoe, the Storefront Theatre and Single Thread Theatre Company, amongst others.