



Hi all and welcome the 2018-2019 Acro season

This will be an exciting season! We are working on our first Canadian championships to be held in 2019 and across the country, we are officially using the entire USJO program including levels 5-10 in competition and 1-4 as recreational and development.

A few things:

1. There will be a mandatory update session to be held on Oct 28, 2018 at Oakville Gymnastics Club from 9:30 am – 3pm. This session will focus on judging video elements and routines and a review of rules particularly as they apply to USJO levels that have not yet been in competition. If possible, we will arrange for some pre work for the update session.
2. We will be holding an Introductory Judge clinic on Oct 27 from 9:30 – 3pm (at the same time as the GO Level 5-7 Training Camp). Please encourage parents, older athletes and other interested from your club to attend this course. We require new judges to join our panel and we would like representation from all clubs. This course is designed for judging levels 5 and 6 only. Please communicate this Judge course at your club and with your contacts. The link for further information and the registration form is <https://calendar.google.com/calendar/r/week/2018/10/27?eid=MHJtcWpmOWRrODMzZHVxOW9xZGRhNW4wdXlgZ3ltbmFzdGljc29udGFyaW8uY2FfcnAyM2g3b3BmMjVuNGdvYnFpdDZuZzV2dnNAZw&ctz=America/Toronto&sf=true>
3. The 1st Acro Cup will be held on Dec 8 at Oakville, and the 2nd at on January 26 & 27 at Woodbridge. Details for Provincial Championships will follow hopefully later this week.
4. Updated Ontario technical regulations have been posted on the Gymnastics Ontario website. Please review the regulations as changes have been made. Major revisions include changing age groups for Levels 5 and 6 and Level 5 Individuals and the addition of the US Blocks program. The rules for the Block program can be found on the following link https://usagym.org/pages/acro/pages/overview_blocks.html
5. If you are not receiving Katia's emails, please contact her at acro@gymnasticsontario.ca and request that you be added.

Please reply to this email to confirm that you will be judging this year and to confirm your attendance at the update session

Thanks
Nancy