

Inter Club

TV - Short program

Level 2 & Level -3

(ages 9-10)









0.5 - correct technique, no mistakes

0.3 - incorrect technique with small deviation (mistakes)

0.1 - incorrect technique with medium deviation (mistakes)

0.0 - incorrect technique with major deviation (mistakes)

OR element is not executed by the whole group

	Required Elements (0.5 each)		.1.3 .5
1	Total body wave (forward)		
2	Total body swing (choice)	 (any)	
3	Back bending (choice)		
4	A-series (including lean/lunge)	A-II	
5	A-series (side bending + twisting)	A-( z)	
6	Side balance : right leg up over 90° with support, both legs are straight	 RL up	
7	Pivot in passé (360° right or left)	 360°	
8	Cossack Jump/leap left leg front	 LL up	
9	Balance arabesque, right leg up to 90° + Jump X-position (with assemble)	 RL up	
10	Arm movement series (3 different types)	a	
11	Steps, skips and hops series (min 6 steps, 2 diff. types) with traveling	VVVV	
12	Acrobatic movement : cart wheel (any type)	A	
	TOTAL MAX	6.0	

Differences between middle scores: 0.5