

OBJECTIVE

The purpose of the following document is to outline the process for **Trampoline Gymnastics virtual INVITATIONAL competitions hosted by Clubs**. Below contains all the information needed for all roles involved in virtual competitions.

PRIORITIES

1. Adapt the competition environment to meet current public health measures and guidance.
2. Create a competition environment that meets the needs of athletes to set goals, perform, and receive feedback through judges' scores.

GUIDING DOCUMENTS

All member clubs must follow all Provincial COVID Guidelines and abide by their local public health unit requirements.

Gymnastics Ontario recognizes the importance of providing competitions for the athletes and requires flexibility when allowing for virtual sanctioned competitions during the 2020-2021 season. While certain aspects of participating in a gymnastics competition must be followed to ensure the safety of the athlete, other items will be allowed to deviate from the Trampoline Gymnastics Program Rules and Policies to allow clubs to still participate in these competitions.

VIRTUAL COMPETITION PROTOCOLS

The protocols are broken down into the following principles:

1. Competitive Season Structure
 2. Virtual Event Format
 3. Equipment Standards
 4. Video Recording Standards
 5. Judging & Scoring
 6. Penalties
 7. Technical Issues
- Appendix A: Checklists for Equipment and Camera Placement Standards

GYMNASTICS ONTARIO – VIRTUAL COMPETITION PROTOCOLS – TRAMPOLINE GYMNASTICS 2020-2021 INVITATIONAL COMPETITIONS HOSTED BY CLUBS

Principle															
<p>1. Competitive Season Structure</p>	<p><u>Invitationals: TG Virtual Events</u></p> <ul style="list-style-type: none"> Clubs may complete the Bid to Host Application Form for Invitational TG Virtual Events. The ON TG Interclub Invitational has firm dates; however, clubs may bid on their own Invitational meet to be held in either May or June 2021. <p><u>ON TG Interclub Invitational (host TBD*)</u></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 40%;">Event Details</th> <th>ON TG Interclub Invitational</th> </tr> </thead> <tbody> <tr> <td>Levels</td> <td>All Interclub levels</td> </tr> <tr> <td>Mobility Opportunity</td> <td>No</td> </tr> <tr> <td>Registration & Level Changes</td> <td>TBC April 26-May 16, 2021</td> </tr> <tr> <td>Video Submission (competition)</td> <td style="text-align: center;">May 31-June 6, 2021</td> </tr> <tr> <td>Judging</td> <td>Expected to be completed approximately 1 week after final day of video submission</td> </tr> <tr> <td>Unofficial results</td> <td>Available approximately 3 days after Judging is complete</td> </tr> </tbody> </table> <p style="margin-left: 20px;">*Gymnastics Ontario will host the ON TG Interclub Invitational if no club bids are received.</p>	Event Details	ON TG Interclub Invitational	Levels	All Interclub levels	Mobility Opportunity	No	Registration & Level Changes	TBC April 26-May 16, 2021	Video Submission (competition)	May 31-June 6, 2021	Judging	Expected to be completed approximately 1 week after final day of video submission	Unofficial results	Available approximately 3 days after Judging is complete
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<p>2. Virtual Event Format</p>	<p>See document <i>Virtual Competitions Protocols (TG) – Gymnastics Ontario Hosting for recommended protocols.</i></p> <p>Host Clubs must provide <u>detailed information on their Event Directive</u> for the following items (minimum):</p> <p><u>Dates</u></p> <ul style="list-style-type: none"> Registration dates/deadlines: including registration, refund/late registration/change information. Video recording/submission dates. Judging dates (if known) or an approximate timeline for results to be released. <p><u>Format of Event</u></p> <ul style="list-style-type: none"> Levels offered: Interclub (incl. Masters), Provincial (L1-L4), National (L5-Senior). Competitive Events offered: <ul style="list-style-type: none"> TRI (Individual Trampoline) SYN (Synchronized Trampoline) <ul style="list-style-type: none"> SYN scoring requires specialized judging knowledge – clubs should ensure they have judges available with this knowledge before offering this event. DMT (Double-Mini Trampoline) TUM (Tumbling) 														

	<ul style="list-style-type: none"> • Details related to video recording/submission: performance on demand, week-long video submission, passcodes, athlete card format, file labelling format, platforms being used / how videos are to be submitted, etc. • Details related to judging, scores, broadcast (if applicable), awards (if applicable), etc. <p><u>Registration Details</u></p> <ul style="list-style-type: none"> • Fees: flat fee or per event fee, late fee • Dates: as above • How to register: acceptable forms of payment, registration forms, etc. • DD Cards: if applicable <p>*Request from Gymnastics Ontario: following the competition, please share the videos and results from your competition with the TG Program Manager, to be used internally as resources for judge training.</p>
<p>3. Equipment Standards</p>	<p>General</p> <ul style="list-style-type: none"> • Must compete on equipment complying with Ontario competition norms for types, sizes, etc. <p>Trampoline</p> <ul style="list-style-type: none"> • All lines on the trampoline must be clearly visible (all HD lines must be present, as per FIG Apparatus Norms, page 94, item 2.5). • Time of Flight will be applied by using video as a marker. <p>Double-mini Trampoline</p> <ul style="list-style-type: none"> • Must have a clearly marked landing zone and area as per FIG Apparatus Norms, pages 99 and 102. • If not performing on a standard landing area, the landing area and all zones must be clearly defined with contrasting tape colour to landing mats (all lines must be visible on camera view). • Landing area must be FIG standard height, as per FIG Apparatus Norms. If landing area is into a pit, the landing area should be firm and level. <p>Tumbling</p> <ul style="list-style-type: none"> • Full rod floor + legal run up with the appropriate start line clearly marked. • All lines on the track must be clearly visible (middle line and outer lines). • Must have a clearly marked landing area as per FIG Apparatus Norms, pages 103-104. • If not performing on a standard landing area, the landing area must be clearly defined with contrasting tape colour to landing mats (all lines must be visible on camera view). • If landing area is into a pit, the landing area should be firm and level (mats should be level and top mat should be level with the edge of the rod floor).

**4. Video
Recording
Standards**

General Camera Placement

- Whenever possible, record in horizontal (landscape) orientation.
- **The camera must capture the routine in its entirety without being moved up and down. The athlete must be in full view at the top and bottom of each element** (apparatus must also be visible).
 - The video must capture the athlete card, athlete presenting to the camera, performing the routine in its entirety (including all TRA pre-bounces, DMT at least mid-run, TUM full run), and must conclude after the athlete re-presents to the camera AND fully exits the equipment.
- **Camera should be stable.** Utilize a tripod, tabletop, or other solid surface to minimize shaking. Note: for DMT and TUM, camera must be able to follow the athlete side to side.

Trampoline Camera Placements (2 cameras/videos are required for each TRA routine)

- Camera/Video 1 requirements (side view, label EX):
 - Camera is to be placed centrally, parallel to the trampoline; a minimum of 5 metres distance from the side of the trampoline and between 2-3 metres above the level of the trampoline bed.
 - Camera 1 is required for all levels (Provincial, National, Interclub).
- Camera/Video 2 requirements (top view, label HD):
 - Camera is to be placed in top-view, high enough that the trampoline bed and lines are clearly shown, placement of the athlete's feet on each contact with the trampoline bed is clear, and the judges can see which athlete is performing and when the routine begins.
 - Camera 2 is required for Provincial and National levels only. Interclub TRI does not require this view.

Double-mini Trampoline Camera Placement

- The camera is to be placed centrally, parallel to the DMT at the middle of the spotter zone; at 5 metres distance from the side of the DMT and a height of 2 metres from the floor.
- Camera must be parallel to the runway and must follow the athlete from at least mid-run through the hurdle and landing.
- It is recommended, when possible, that the videos for DMT passes be recorded with the athlete moving from left to right of the camera.

Tumbling Camera Placement

- The camera is to be placed between two-thirds and three-quarters of the way down the track (where the judges would normally sit); at 5 metres distance from the side of the track and a height of 2 metres from the floor.
- Camera must be parallel to the track and must follow the athlete from start to finish; run through landing.

	<ul style="list-style-type: none"> • It is recommended, when possible, that the videos for TUM passes be recorded with the athlete moving from left to right of the camera. <p>Video Recording</p> <ul style="list-style-type: none"> • When submitting videos, clubs are responsible for ensuring that permission has been granted for those visible to have their image used and published. Where those visible in video submissions are under 18 years old, permission must be sought from their parents/guardians. Gymnastics Ontario will not accept any responsibility for misuse of image rights. • Filming must take place under coach supervision. Coach must be registered and have up-to-date NCCP requirements. • It is highly recommended to test video recording, file transfer to computer, and video playback quality <u>prior</u> to competition. • For clarity, it is advised that gymnasts are filmed against a clear light background wherever possible. • Video must be in MP4 format and of sufficient quality for routine evaluation. • All video recordings must be clearly audible. • Athletes must be in competitive attire for competition. • Wherever possible, coaches and safety spotters should be positioned in such a way as to not obstruct the video recording. Safety spotters are required for above-ground trampolines. • Each <u>routine recording</u> must start with the athlete card shown to the recording device(s) prior to performing the routine. <ul style="list-style-type: none"> ○ Athlete card details to be outlined on the competition directive. • Following the athlete card, each routine must commence with the athlete presenting to the camera. • The camera must capture the routine in its entirety <u>without being moved up and down</u>. The athlete must be in full view at the top and bottom of each element. • Each routine recording will conclude when the athlete has re-presented to the camera AND fully exits the equipment. • Please see section 6. <i>Penalties</i> for more information.
<p>5. Judging & Scoring</p>	<p>The Host Club is responsible for arranging/organizing and communicating all details with judges for their invitational competition.</p> <ul style="list-style-type: none"> • SYN scoring requires specialized judging knowledge – clubs should ensure they have judges available with this knowledge before offering this event. <p>General</p> <ul style="list-style-type: none"> • All video recordings will be organized and judged by competitive category (level and age split). • As in a live competition, judges will view each routine only once. <ul style="list-style-type: none"> ○ DD judges may review again if necessary.

	<ul style="list-style-type: none"> • It is suggested that judging panels for <u>Provincial and National level</u> virtual invitational competitions be complete panels: <ul style="list-style-type: none"> ○ TRI: 4 EX, 2 DD, 2 HD, 1 TOF, 1 CJP = 10 ○ SYN: 4 EX, 2 DD, 2 HD, 2 SYN, 1 CJP = 11 ○ DMT/TUM: 5 EX, 2 DD, 1 CJP = 8 • Judging panels for <u>Interclub level</u> virtual invitational competitions, minimum panels: <ul style="list-style-type: none"> ○ TRI/DMT/TUM: 3 EX, 1 CJP/DD = 4 ○ SYN: 2 EX, 2 DD, 1 SYN, 1 CJP/SYN = 6 <p>Judging Roles & Responsibilities</p> <ul style="list-style-type: none"> • The Host Club should assign a judge to be the CJP for the following tasks: <ul style="list-style-type: none"> ○ Run the Zoom meeting for all judges at the same time. ○ Enter scores into the scoring program. ○ Report to the Host Club if judging block went longer than its assigned time. • TRA Time of Flight (TOF): if applicable for the level, the Host Club will assign a judge to each trampoline competitive category to determine the TOF of each routine using Dartfish (or other approved program). • All judges will be required to keep records of their judging chits, clearly organized by competitive category and athlete name, for a minimum of two (2) weeks following the competition results being posted. <p>Judging Honorarium</p> <ul style="list-style-type: none"> • All judges for virtual competitions will be compensated at their regular judging honorarium rate. • CJP, DD, EX, and HD Judges will be assigned to judging blocks of no more than 3.5 hours at a time. Judges will be compensated for the scheduled time of their judging block. <ul style="list-style-type: none"> ○ CJPs must report to the Host Club if their judging block goes longer than its assigned time as judges will be compensated for each additional 15 minutes beyond the scheduled time. • TOF Judges will track their time for compensation in 15-minute intervals (0.25 of an hour). • Following the competition, judges will claim their honorarium with the Host Club.
<p>6. Penalties</p>	<p>Penalties for submission of non-authentic videos, non-compliance of any of the above rules will result in the athletes’ video/routines being voided and a score of “0” will be recorded. It may also result in sanctions to the coach and/or club.</p> <p>Routines recorded and submitted outside the assigned time or incorrectly labelled will be considered void.</p>

7. Technical Issues	<p>It is highly recommended to test video recording, file transfer to computer, and video playback quality <u>prior</u> to competition.</p> <p>Uploading</p> <ul style="list-style-type: none">Any technical issues with uploading of routines should be brought to the attention of the Host Club via email immediately (within 24 hours of the deadline at the latest). <p>Judging</p> <ul style="list-style-type: none">A Judge who is experiencing technical issues must inform the CJP immediately. The CJP will make reasonable decisions on how to proceed with judging the affected category, dependent on the situation and the judge's role.The CJP will inform the Host Club by email, immediately after judging of an affected category is complete, of the technical issues and what decisions were made to complete judging.
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Appendix A: Checklists for Equipment and Camera Placement Standards

GENERAL EQUIPMENT AND CAMERA PLACEMENT STANDARDS

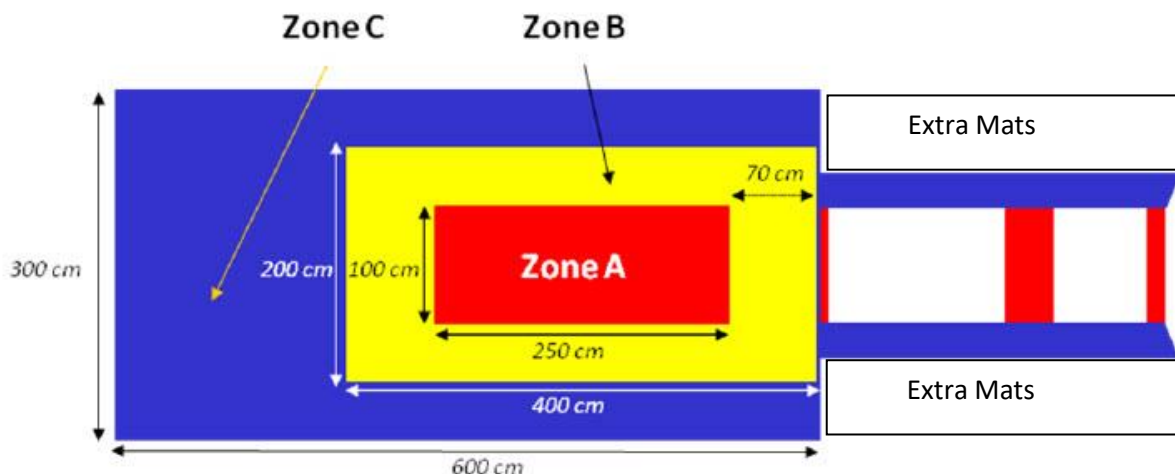
- Must compete on equipment complying with Ontario competition norms for types, sizes, etc.
- Whenever possible, record in horizontal (landscape) orientation.
- **The camera must capture the routine in its entirety without being moved up and down. The athlete must be in full view at the top and bottom of each element** (apparatus must also be visible).
 - The video must capture the athlete card, athlete presenting to the camera, performing the routine in its entirety (including all TRA pre-bounces, DMT at least mid-run, TUM full run), and must conclude after the athlete re-presents to the camera AND fully exits the equipment.
- **Camera should be stable.** Utilize a tripod, tabletop, or other solid surface to minimize shaking. Note: for DMT and TUM, camera must be able to follow the athlete side to side.

TRAMPOLINE EQUIPMENT AND CAMERA PLACEMENT STANDARDS

<input type="checkbox"/>	<p>All lines on the trampoline must be clearly visible (all HD lines must be present, as per FIG Apparatus Norms, page 94, item 2.5).</p> <ul style="list-style-type: none"> - Large rectangle measures 215 cm * 108 cm with the lines continuing to the end of the bed. - Small central square measures 108 cm * 108 cm. - Red cross, center of the bed, measures 70 cm * 70 cm.
<input type="checkbox"/>	<p><u>Camera 1</u> (side view, label EX)</p> <ul style="list-style-type: none"> - Placed centrally, parallel to the trampoline. - A minimum of 5 metres distance from the side of the trampoline. - Between 2-3 metres above the level of the trampoline bed.
<input type="checkbox"/>	<p><u>Camera 2</u> (top view, label HD)</p> <ul style="list-style-type: none"> - Placed just high enough so that the trampoline bed and lines are clearly shown and placement of the athlete's feet on each contact with the trampoline bed is clear.

DOUBLE-MINI TRAMPOLINE EQUIPMENT AND CAMERA PLACEMENT STANDARDS

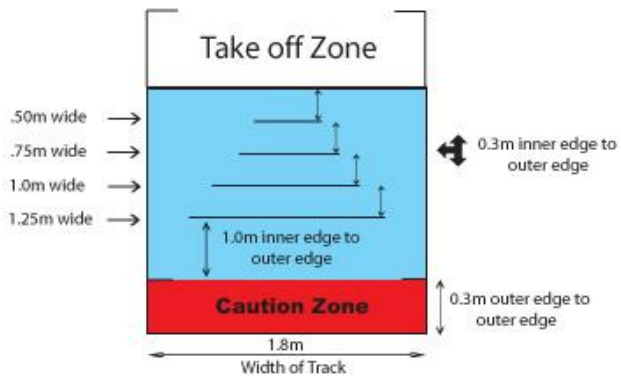
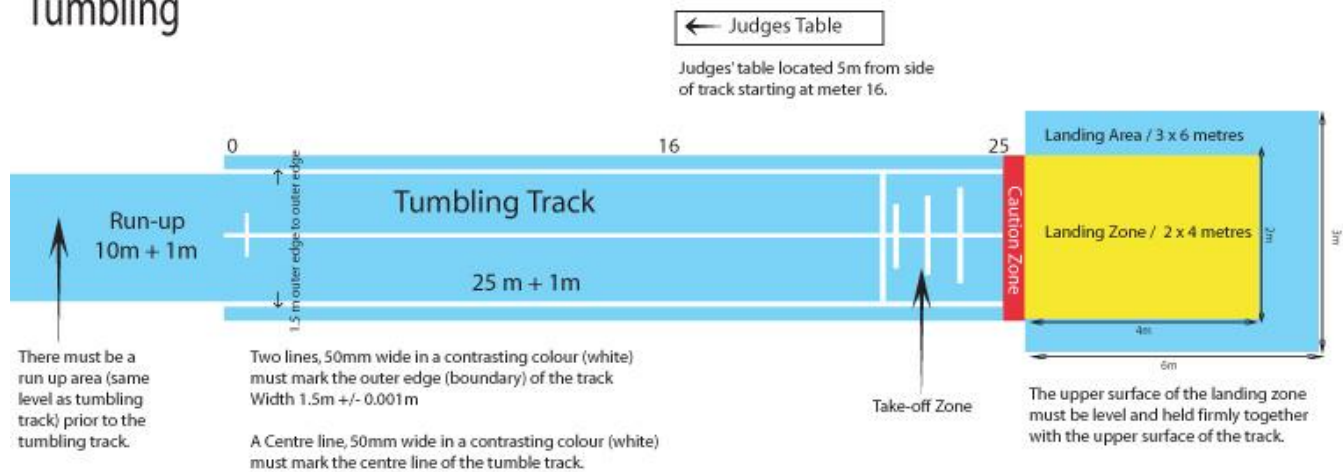
<input type="checkbox"/>	<ul style="list-style-type: none"> - Must have a clearly marked landing zone and area as per FIG Apparatus Norms, pages 99 and 102. - If not performing on a standard landing area, the landing area and all zones must be clearly defined with contrasting tape colour to landing mats (all lines must be visible on camera view). <p>Reminder: the outer edge of the line marks the boundary of the zone.</p>
<input type="checkbox"/>	<ul style="list-style-type: none"> - Landing area must be FIG standard height, as per FIG Apparatus Norms. - If landing area is into a pit, the landing area should be firm and level.
<input type="checkbox"/>	<p><u>Camera</u></p> <ul style="list-style-type: none"> - Placed centrally, parallel to the DMT at the middle of the spotter zone. - At 5 metres distance from the side of the DMT and a height of 2 metres from the floor. - Must be parallel to the runway and must follow the athlete from at least mid-run through the hurdle and landing.



TUMBLING EQUIPMENT AND CAMERA PLACEMENT STANDARDS

<input type="checkbox"/>	<ul style="list-style-type: none"> - Full rod floor + legal run up with the appropriate start line clearly marked. - All lines on the track must be clearly visible (middle line and outer lines).
<input type="checkbox"/>	<ul style="list-style-type: none"> - Must have a clearly marked landing area as per FIG Apparatus Norms, pages 103-104. - If not performing on a standard landing area, the landing area must be clearly defined with contrasting tape colour to landing mats (all lines must be visible on camera view).
<input type="checkbox"/>	<p>If landing area is into a pit, the landing area should be firm and level (mats should be level and top mat should be level with the edge of the rod floor).</p>
<input type="checkbox"/>	<p><u>Camera</u></p> <ul style="list-style-type: none"> - Placed between two-thirds and three-quarters of the way down the track (where the judges would normally sit). - At 5 metres distance from the side of the track and a height of 2 metres from the floor. - Must be parallel to the track and must follow the athlete from start to finish; run through landing.

Tumbling



- Special Notes:
1. A tape measure must be placed along side the tumbling strip starting at the landing area, with a mark at the beginning of the track and ending at the beginning of the run up.
 2. The purpose of the take off and Caution zones are to aid the athlete with his/her take off position for a safe landing into the landing area.