

2023 ARTISTIC GYMNASTICS CANADIAN CHAMPIONSHIPS

MAG & WAG
Hosted by Gymnastics Canada
Olympic Oval, Richmond, BC
May 18-22, 2023

BULLETIN #1

COMPETITION INFORMATION

DELEGATE ARRIVAL:	Wednesday, May 17, 2023
DELEGATE DEPARTURE:	Tuesday, May 23, 2023
VENUE:	Richmond Olympic Oval 6111 River Road Richmond, BC, V7C 0A2 Website: https://richmondoval.ca/
EQUIPMENT SUPPLIER:	Spieth America

For full information regarding the 2023 Canadian Championships, such as format, purpose, eligibility and coach requirements, please see the GymCan Directive and GymCan Technical Rules/Manuals (WAG/MAG).

Registration must be done through Gymnastics Ontario (as per below “Registration Information” and “Registration and Payment Information”).

ONTARIO DELEGATE INFORMATION

TRANSPORTATION:	Delegates are responsible for their own transportation to and from Richmond and during their stay in Richmond (between venue and hotel and any other necessary transportation). Team Coaches will be reimbursed airfare to and from Richmond (please see Team Ontario section).
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Please note: In order to be reimbursed, all receipts MUST SHOW THE HST/GST BREAKDOWN. Flights must be booked directly through the airline – **third party**

travel organizations will not be accepted (i.e. Expedia). As well, all forms and receipts must be submitted NO LATER THAN 30 DAYS FROM THE EVENT END DATE. The submission deadline for reimbursement is **June 23, 2023 @ 4:00pm. NO EXCEPTIONS.**

Flights will be secured by Gymnastics Ontario for Ontario assigned judges.

ACCOMMODATIONS:

All delegates are responsible for securing their own accommodations. Please reserve as soon as you can. A list of hotels in Richmond is attached to this bulletin. If accommodation in Richmond is not available then accommodations in Vancouver may need to be an option.

Accommodations will be secured by Gymnastics Canada for Ontario assigned judges. WAG Judges are at the Marriott (TBC) and MAG judges hotel will be confirmed soon. An email communication will be sent directly to all Ontario assigned MAG judges

MEALS:

Delegates are responsible for their own meals. Team coaches will be reimbursed a per diem (more information in Team Ontario section).

Judges' meals will be provided at the competition venue for when judges are assigned to panels. When judges are not on panel a per diem will be provided.

MEDICAL:

Team Ontario will be accompanied by one athletic trainer to accommodate our delegates. The process to book time with a Team Ontario therapist will be communicated at a later date.

ACCREDITATION:

Accreditations will be distributed upon arrival at the competition venue. The accreditation must be worn to access the venue and the competition area.

NCCP Certification Requirements to attend Canadians:

- **MAG** Competition 3 (Development) Certified as per GymCan rules. Exemptions can be requested through GymCan and approved by MAG Program Manager.
- **WAG** Competition 3 (Development) Certified as per GymCan rules. Exemptions can be requested through GymCan and approved by WAG Program Manager.

Please make sure coaches have the certifications needed to attend with your athlete(s).

TRAINING:

Athletes will have assigned podium training but otherwise there is no training gym available at the venue. Coaches and athletes may have the opportunity to book training sessions at nearby local gyms. Details and process TBC by GymCan.

BANQUET/SOCIAL:

TBD from GymCan.

DRESS CODE:

All members of the Ontario delegation (including personal coaches) are required to wear:

- The Team Ontario jacket, and
- All delegates must wear PLAIN BLACK PANTS (no logos, design, etc.).
- All athletes are required to wear the Team Ontario competitive attire.

Dress code on the awards podium: Gymnastics Ontario track suit.

The Team Ontario jacket and the Team Ontario competitive attire has not changed from last season.

MAG athletes and coaches must wear Team Ontario tracksuit and competitive attire as per GymCan rules.

WAG HP athletes are not required to purchase the Team Ontario leotard. As per GymCan Section 2, **no club tracksuits are permitted**. Current WAG National Team members are able to wear their current GymCan tracksuits in lieu of the Ontario tracksuit if they choose.

TEAM ONTARIO:

All athletes and coaches are expected to attend the entire duration of the event and participate in all scheduled training sessions.

2023 Canadian Championships are a club-managed event. Clubs are responsible for all travel, meals and accommodations.

Clubs will be responsible for managing/chaperoning their own club athletes for the entire duration of the event. All athletes must have a manager/chaperone with them at all times.

Club Managers for athlete supervision will not have accreditation / access to the field of play unless they are also an accredited coach and follow the maximum two coaches per province rule. If athletes are attending with their parents, it must be

noted that the club coach will assume the responsibility of the athlete during all event activities (training, competition, banquet).

TEAM COACH:

The team coach responsibilities are:

- Attend training camp
- Anything related to team training and competition (on-site including determining any required team training sessions)
- Team warm up
- Setting the competition order of passage
- Adjusting equipment / springboards
- Spotting (if necessary – can defer to personal coach if available)
- Full knowledge of all technical rules and routine requirements/sheets
- Score inquiries
- Tagging in/out with personal coaches (follow 2 coaches per province rule)
- WAG music (ability to provide back up)

Team Coaches will be funded by Gymnastics Ontario (except for on-site transportation). as follows submitting their receipts for reimbursement for:

- Travel (air, mileage, train) up to a total amount of \$750
- meal allowance of \$390 total for meals (no receipts required and includes: 6 breakfast, 5 lunches, 6 dinners)
- accommodations will be reimbursed up to \$1650

REIMBURSEMENT NOTES (Team Coaches/Judges/Olympians): In order to be reimbursed, all receipts MUST SHOW THE HST BREAKDOWN. Flights and accommodations must be booked directly through the airline and hotel – **third party travel organizations will not be accepted.** As well, all forms and receipts must be submitted **NO LATER THAN 30 DAYS FROM THE EVENT.** The deadline for submission is **June 23, 2023 at 4:00pm. NO EXCEPTIONS.**

REGISTRATION INFORMATION

REGISTRATION:

Club registration must be completed online through Uplifter.

Deadline: no later than Thursday, April 27 at 12:00 noon

Please, note that **any registration submitted after this time will not be accepted**. We are working with a tight turn around time from the selection date to the GymCan deadline. Please prepare all documentation and required information for any potential team members now so that you can register asap after the selection event. Obtain waivers/documentation from the potential parents now so that you are prepared. Inform your club administrator that they will need to process this registration in Uplifter no later than the date above.

Sportzsoft Note – Gymnastics Ontario will register all participants with GymCan on behalf of the Ontario delegation.

Forms and music must be uploaded as individual files into each athlete and coach's Uplifter registration. This includes WAG Floor MUSIC. Music file must be MP3 format and titled with athlete's full name, club and level. See Forms section below. Forms uploaded in a bundle will void the registration.

PAYMENT & FORMS SUMMARY

COSTS:

Athletes: \$0*

Team Coaches: \$0

Personal Coaches: \$200 + HST (HST # 12212 5131 RT0001)

** Olympic Athletes are fully funded*

PAYMENT TO:

Gymnastics Ontario through your club Uplifter account.

FORMS:

Please be sure to collect all appropriate information including all applicable forms (ie. waiver and medical forms). All forms must be **scanned separately** with the athlete's name in the file name and uploaded into each participant's Uplifter registration. Forms upload in a bundle will void the registration. If there are issues with uploading please contact the appropriate Program Manager immediately.

All forms must be received by the deadline above. Do not leave it to the last minute to complete your registration.

To Register, please be prepared for the following:

1. Registration will be completed in Uplifter
2. Fees to be paid directly through Uplifter

3. Sizes for coach shirts through Uplifter
4. Clubs must purchase tracksuit jackets online here under our [Purchase Products Page](#) with the individual's registration checkout.
5. [GymCan Forms](#)— must be submitted through Uplifter with each participant's registration. ***Upload ONLY ONE (1) document at the time (i.e. DO NOT BUNDLE all documents in a single PDF – that will void the registration).***
 - GymCan Assumption of Risk Forms (Athlete and Coach)
 - GymCan Medical Forms (Athlete)
 - GymCan Coach Requirements (as per GymCan Directive)
6. GO Code of Conduct
7. GO Team Coach Roles and Responsibilities Agreement
8. WAG Floor Music – uploaded in Uplifter with athlete registration

WITHDRAWS:

Please communicate any withdraws to the discipline Program Manager as soon as possible.

REFUND POLICY:

Written requests for registration refund must be made no later than Thursday, May 4, 2023. Requests can be made to the attention of Jenna Gleza;
events@gymnasticsontario.ca

After this date, no refund requests will be accepted.