



## 2024 Annual General Meeting PROXY FORM

*(If your Club is unable to have a delegate attend the Annual Meeting)*

If a representative from your club is unable to attend the A.G.M. you may request a **representative from another club** to vote on your behalf. Please read the conditions below, carefully.

Name of YOUR Voting Member Club: \_\_\_\_\_

Hereby authorizes \_\_\_\_\_ of \_\_\_\_\_  
(Name of Proxy Holder) (Name of Proxy Holder's Club)

to vote as his/her delegate at the meeting of voting members to be held at the Gymnastics Ontario Annual General Meeting on **Wednesday, October 30, 2024, at 12:00 Noon**

SIGNED: \_\_\_\_\_ DATE: \_\_\_\_\_  
President or Secretary's Authorized Signature(s)

PRINT NAME: \_\_\_\_\_

Please send meeting invitation to: \_\_\_\_\_  
(email address of proxy holder)

***The following restrictions or stipulations apply and are in supplement to restrictions stated in G.O. Bylaw #1, Section 6.5 (as outlined below).***

Each voting member is entitled to vote at a meeting of voting members by means of a proxy. A proxy appoints a person, who need not be a member, as his nominee to attend and to act at the meeting in the manner, to the extent, and with the power conferred by the proxy. The proxy shall confer authority to the proxy carrier to vote for all matters that come before the meeting.

**Conditions** - Proxies shall be on forms provided by the corporation, must be dated and signed by the voting member or his/her duly authorized representative, name the proxy carrier/appointee, and may contain specific restrictions or stipulations. In any case, any proxy shall be valid only for the specific meeting named (and not an adjournment thereof) and a person may be entitled to exercise the proxy for only one voting member. If the voting member owns more than one (1) club, the proxy carrier shall have the authority to carry all the votes of that one (1) voting member.

***The Secretary, or his/her designate, must receive proxy forms 48 hours prior to the scheduled starting time of the meeting.***

Restrictions/Stipulations (show N/A if none): \_\_\_\_\_

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**RETURN THE COMPLETED FORM ON OR BEFORE **OCTOBER 18, 2024** TO:**

2024 ANNUAL GENERAL MEETING  
Gymnastics Ontario  
2950 Keele Street, Suite 202, North York, ON M3M 2H2  
Email: [operations@gymnasticsontario.ca](mailto:operations@gymnasticsontario.ca)