



## **Job Posting: Competitive Women's Artistic Gymnastics Coach Futures Gymnastics Inc. - Mississauga, Ontario**

Futures Gymnastics Club, located in Mississauga, Ontario, is seeking a passionate, dedicated, and knowledgeable **Competitive Women's Artistic Gymnastics Coach** to join our coaching team. This is a fantastic opportunity to work with athletes in both our Xcel and Developmental Program while fostering a positive, growth-oriented environment.

We are a HIGH FIVE accredited facility that values safety, caring for the needs of the children, parents and other staff, values the HIGH FIVE® program, can make training fun and creative and contributes to improving our programming.

### **Position Overview:**

As a Competitive Women's Artistic Gymnastics Coach at Futures Gymnastics Inc, you will be responsible for creating and implementing lesson plans aligned with the club's objectives for continuous athlete development throughout the competitive season. Your coaching will cover all four gymnastics apparatus and will focus on setting athletes up for success at their determined competitive levels.

You will work closely with other coaching staff in a collaborative team environment to ensure a healthy, supportive, and consistent approach to training. Our ideal candidate will share the club's philosophy of safe sport and commit to upholding a culture of positive, healthy training that prioritizes the well-being of each athlete.

This is a part-time position of approximately 25 direct coaching hours. For the right candidate there is an opportunity to increase this to a full-time position inclusive of recreational coaching and administration.

### **Responsibilities:**

- Coach athletes in both the Xcel and Developmental Programs, helping them achieve their full potential in Women's Artistic Gymnastics.
- Develop and implement age-appropriate, challenging, and engaging lesson plans that support athletes' continuous growth.

- Monitor and track athletes' physical and technical progress and adjust training plans as needed to ensure peak performance while minimizing risk of injury.
- Assist in preparing athletes for local and regional competitions.
- Foster a supportive and positive team culture, promoting safe training practices and encouraging collaboration.
- Maintain open and constructive communication with athletes, parents, and other coaching staff.
- Report directly to the Head Coach and keep them informed of any athlete injuries, concerns, or challenges that may hinder the athletes' success.

### **Requirements:**

- Competition Level 1 Certified (or trained with but in process of completion).
- Level 1 trampoline certified.
- First Aid/CPR certification or willing to obtain.
- Current Safe Sport certification or willing to obtain.
- Vulnerable Sector Screening
- Previous coaching experience in Women's Artistic Gymnastics (experience with both Xcel and Developmental Programs is an asset).
- Strong understanding of gymnastics technique and the ability to teach all four apparatus.
- Ability to work effectively in a team environment, fostering collaboration and mutual respect among coaching staff.
- Strong communication skills and the ability to build positive relationships with athletes, parents, and colleagues.
- Passion for gymnastics and athlete development.

### **Why Join Futures Gymnastics Club?**

- Work in a dynamic and collaborative environment with a team of experienced professionals.
- Opportunity to make a positive impact on the growth and development of young athletes.

- Access to ongoing professional development opportunities.
- Join a club that values safe sport, athlete well-being, and a positive, inclusive coaching culture.
- Wage range will be \$23-\$25 per hour based on experience and qualifications.

**How to Apply:**

Please submit your resume, along with a cover letter outlining your coaching philosophy and experience, to [lawson@futuresgymnastics.com](mailto:lawson@futuresgymnastics.com). In your cover letter, please highlight your relevant certifications, coaching experience, and why you would be a great fit for the Futures Gymnastics Inc. team.

We thank all applicants for their interest, but only those selected for an interview will be contacted.