



# **COACH DEVELOPMENT GUIDE**

**NCCP Competition Stream  
Training and Certification Checklist**

## Coach Information

**Coach Name:**

**Coach Date of Birth:**

**Current Club of Employment:**

**Current Supervisor:**

**Mentor Coach(es):**

**NCCP Number:**

**GO Number:**

This document is for individual and/or club tracking purposes only.  
This document should not be submitted to Gymnastics Ontario.

## Pre-Competition 1 Training Checklist

1. Completed Foundations Checklist (Trained or Certified Status Accepted)  
(Must be in the same discipline)

## Competition 1 (Introduction) Training Checklist

1. [Competition Introduction Theory Course](#) (can be taken before or after Technical course)
2. [Competition 1 \(Introduction\) Technical Course](#) (MAG/WAG/TG/RG/ACRO)  
\*\*Repeat Step 2 to be Trained in additional disciplines
3. [Respect in Sport](#)
4. [Make Ethical Decisions and Safe Sport Training](#)

**Congratulations!** You are now Competition 1 (Introduction) Trained.

## Time to Apply for a Digital Coach ID

1. Make sure that you meet minimum requirements to apply (listed above)
2. Ensure that your Locker Transcript accurately reflects your NCCP Coaching Credentials
3. Take a clear photograph of yourself with a white background from the shoulders up
4. [Submit Application](#) for your Digital Coach ID  
(allow up to 5 business days for processing)

## Competition 1 Certification Checklist

(Certification must be completed to move onto Competition 2)

1. Review Guidelines for Success and Complete [Coach Portfolio](#)
2. Submit Coach Portfolio to Trained NCCP C1 Coach Evaluator
3. Portfolio Debrief with Evaluator(s)
4. Observation in Training and Debrief with Evaluator(s)
5. Sign and Submit Required Pages to Gymnastics Ontario  
\*\*Repeat steps 1 – 5 to become Certified in additional disciplines

**Congratulations!** You are now Competition 1 (Introduction) [Certified](#).

**Maintenance Cycle Requirements:** 20 PD Points ([Click here](#) for More Information)

## Review Required Before Competition 2

1. Completed Competition 1 Checklist (Certified Status)  
(Must be in the same discipline)

## Competition 2 (Introduction Advanced) Training Checklist

1. [Competition 2 \(Introduction Advanced\) Technical Course](#)  
\*\* Repeat Step 1 to be Trained in another discipline

**Congratulations!** You are now Competition 2 (Introduction) Trained.

## Competition 2 (Introduction Advanced) Certification Checklist

(Certification must be completed to move onto Competition 3)

1. Review Guidelines for Success and Complete Coach Portfolio
2. Begin Filming Skills [Evaluation Videos](#)
3. Complete Coach Evaluation Package
4. Submit Coach [Evaluation Package](#) to a C2 Coach Evaluator
5. Portfolio Debrief with Evaluator(s)
6. Video Presentation and Debrief with Evaluator(s)
7. Sign and Submit Required Pages to Gymnastics Ontario  
\*\* Repeat Step 1 – 7 to be Certified in additional disciplines

**Congratulations!** You are now Competition 2 (Introduction Advanced) Certified.

## Update Digital Coach ID

1. Ensure that your Locker Transcript Accurately Reflects your NCCP Coaching Credentials
2. [Submit Application](#) for an Updated Coach ID  
(Allow up to 5 business days for processing)

**Maintenance Cycle Requirements:** 20 PD Points ([Click here](#) more information)

## Review Required Before Competition 3

1. Completed Competition 2 Checklist (Certified Status)  
(Must be in the same discipline)

## Competition 3 (Development) Theory Training Checklist

1. [Psychology of Performance](#)\*
2. [Manage a Sport Program](#)\*
3. [Managing Conflict](#)\*
  - o [Managing Conflict Online Evaluation](#)
4. [Coaching and Leading Effectively](#)\*
5. [True Sport Clean 101](#) or [Leading Drug Free Sport](#)\*
  - o Leading Drug Free Sport Online Evaluation  
(Only if you have selected Leading Drug Free Sport option)

Comp Dev. Theory modules are not offered by Gymnastics Ontario.  
Register through Coaches Ontario or any other [P/TCR](#).

## Competition 3 (Development) Technical Training Checklist

1. [Competition 3 \(Development\) Technical](#) Course

\*\* Repeat Step 1 to be Trained in additional disciplines

**Congratulations!** You are now Competition 3 (Introduction) [Trained](#).

## Competition 3 (Development) Certification Checklist

1. Submit [Evaluation Guide](#) to NCCP Comp 3 Coach Evaluator
2. Portfolio Debrief with Evaluator(s)
3. Competition/Podium Training Observation and Debrief with Evaluator(s)
4. Sign and Submit Required Pages to Gymnastics Ontario
  - Congratulations!** You are now Competition 3 (Development) [Certified](#).  
(Certification must be completed to move onto Competition 4)
5. Don't Forget to Update Your [Digital Coach ID](#)!

**Maintenance Cycle Requirements:** 30 PD Points ([Click here](#) for more information)